

PBCB (Peanut Butter Cran Berry) Chocolate Bites

Ingredients

½ cup peanut butter

¼ cup liquid sweetener such as honey, maple syrup or yacon syrup

¼ cup coconut oil (for neutral flavor use refined)

1 cup brown rice crisps cereal

1 cup dark chocolate chips (non-dairy)

1 cup dried cranberries

Directions

Line an 8x8" pan with parchment paper.

In a large saucepan, melt the peanut butter, liquid sweetener and oil.

Remove from heat and add brown rice crisps, chocolate chips and cranberries. Stir until combined and chocolate is melted.

Spread in prepared pan. Freeze until firm about 1 hour. Remove from freezer. Allow to sit for 10 minutes then cut into squares with sharp knife.

Store in freezer.