Coffee Overnight Oats



About 2 servings

Ingredients

Dry ingredients:

1+1/2 cups rolled oats (gluten-free if needed)

2 tablespoons chia seeds

2 scoops vanilla protein powder

Wet ingredients:

- 1+1/2 cup plant-based milk
- 1 cup brewed coffee (cooled, decaf if needed)
- 1 tablespoon coconut nectar (or other liquid sweetener of choice)
- 2 tablespoons almond butter (or other nut butter of choice)

Add dry ingredients to a large mixing bowl and whisk to combine. Add wet ingredients and mix until fully incorporated.

Place into a glass container or individual custard cups or mason jars. Allow to chill in refrigerator overnight. If liquid separates, mix before eating. To serve, place fresh fruit, nuts or cacao nibs on top. If you prefer your oatmeal warm, heat in microwave before adding toppings.

Slightly adapted from One Green Planet, Coffee Chia Overnight Oats

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