

Mocha Protein Smoothie



Serves 2

Ingredients

3 cups coconut water (or 1.5 cups coconut water and 1.5 cups filtered water)
2 scoops Vega One Mocha Flavor (use scoop that comes in the tub)
2 frozen bananas
1 packet frozen acai berry
Handful of ice
Handful of fresh spinach (optional)

Place all ingredients in high-powered blender. Blend until smooth.