

## LUNCH NEVER TASTED SO GOOD CHAPARRAL SCHOOL FUNDRAISER FRIDAY, APRIL 29, 2016

MENU

## **Drinks**

Maca and Cacao Almond Milk

Orange Peach Smoothie

### To Start

Cashew Cream Cheese Spread with Parsley and Chives
Raw Vegetables, Gluten Free Crackers

#### Lunch

Romaine Lettuce, Carrot, Heirloom Tomato and Avocado Salad
With Gluten-Free Chickpea Croutons + Vegan Ranch Style Dressing
Whole Food Plant Based Mac and Cheese
Zucchini Noodles with Cherry Tomato Sauce

#### Dessert

Gluten Free Mixed Berry Crisp + Coconut Whipped Cream



## HESCHEL FUNDRAISER WEDNESDAY, MAY 4, 2016

## MENU

#### **Drinks**

Maca and Cacao Almond Milk, Orange Peach Smoothie

Dandelion Caramel Nut Iced Tea

## To Start

Cashew Cream Cheese Spread with Parsley and Chives
Raw Vegetables, Assorted Crackers

#### Lunch

Butter Lettuce and Spinach Salad + Roasted Squash, Avocado, Cranberries, Celery, Parsley, Pepita Seeds + Lemon Vinaigrette

> Whole Food Plant Based Mac and Cheese Zucchini Noodles with Cherry Tomato Sauce

#### Dessert

Gluten Free Mixed Berry Crisp + Coconut Whipped Cream



# CHAPARRAL AUCTION PARTY FRIDAY, MAY 22, 2015

MENU

## To Start

Creamy Artichoke Spinach Dip
Raw vegetable plate, gluten free crackers

<u>Specialty drinks</u>

Dandelion Caramel Nut Iced Tea with Almond Milk

Raw Maca and Cacao Coffee Alternative

## Lunch

Love your Liver Green Salad

Paleo Alfredo with Celery Root or Zucchini Noodles

### <u>Dessert</u>

GF, Refined Sugar Free Fruit Crisp

Coffee Coconut Milk Ice Cream



# WISE SCHOOL FUNDRAISER SATURDAY, JULY 23, 2016

MENU

To Drink

Orange Peach Smoothie

To Start

Creamy Artichoke Spinach Dip + Raw Vegetables, Assorted Crackers

<u>Lunch</u>

Salad of Organic Greens, Sauteed Dates and Almond Feta

Dressed with Fresh Organic Lemon Juice

Zucchini Noodles with Dairy Free Alfredo Sauce

Fresh Tomato and Sautéed Mushroom Garnish

## **Dessert**

Almond Butter Applesauce Brownies

With Fresh Berries and Coconut Whipped Cream